

## **Month 1: Sensory Processing Equipment List**

Scissors  
Shoe boxes  
Newspaper  
Scented markers or crayons  
Duct tape or masking tape  
Paint brushes of various sizes  
Balls of various sizes  
Bean bags  
Empty bins  
Noodles, rice, beans  
Sand paper, fun felt, or pieces of material of different textures  
Foam or sponge pieces  
Play Doh  
Balloons  
Straws  
Skipping rope  
Mattress or mats  
Exercise balls  
Blankets or top sheet  
Yoga Mat  
Child size pool inner tube  
CD player and CDs  
Sleeping bag (or sheet with three edges sewn)  
Hoola hoops  
Pup tent  
Office chair with wheels  
Scooter board  
Tunnel  
Parachute