

## Circle Time Songs for Crossing Midline and Coordination Skills

### **Clap Your Hands**

*Written by: Alice C.D. Riley Adapted By: Terry Kluytmans  
(1998) KIDiddles.com*

Clap your hands,  
One, two, three.  
(Clap hands three times)

Then like this,  
Shake 'em free.  
(Shake hands loosely in front of body)

Bending forward, touch your toes,  
(Bend down and touch toes.)

Then reach up and touch your nose!  
(Stretch arms way up high, then touch nose.)

### **Five Little Fishies**

Five little fishies, swimming in a pool  
(Wiggle five fingers, then hands together in front of you make hands swish back & forth)

The first one said, "The pool is cool."  
(show one finger, then wrap arms around body)

The second one said, "The pool is deep."  
(Show two fingers, then hands measure 'deep')

The third one said. "I want to sleep."  
(Show three fingers, then rest head on hands)

The forth one said, "Let's take a dip."  
(Show four fingers, then hands together 'dive' into water)

The fifth one said, "I spy a ship."

(Show five fingers, then form scope with hands to peer through)

Fisher boat comes,  
(Form 'V' with fingers, then move hands away from body)

Line goes kersplash  
(Pretend to throw fishing line)

Away the five little fishies dash  
(Wiggle five fingers, then hands together in front of you make hands swish back & forth)

### **Pat-A-Cake**

Pat-a-cake, pat-a-cake,  
Baker's man!  
Bake us a cake  
As fast as you can,  
(Alternate clapping baby's hands and yours)

Mix in and prick it  
(pretend to stir bowl, then prick cake)

And mark it with a B,  
(Make a B on baby's hand)

And throw it in the oven,  
(throw arms in the air)

For baby and me.  
(alternate clapping baby's hands and yours)

### **Can you Roll Your Hands**

*Words by: Flora T. Parsons Adapted By: Terry Kluytmans  
(2000) KIDiddles.com*

Can you roll your hands,  
Can you roll your hands,  
As slowly, as slowly,  
As slow can be?  
Then stop and fold your arms like me,  
Then fold your arms like me.  
(Hands in front of body, slowly revolve hands around each other)

Can you roll your hands,  
Can you roll your hands,  
As quickly, as quickly,

As quick can be?  
Then stop and fold your arms like me,  
Then fold your arms like me.  
(Hands in front of body, quickly revolve hands around each other)

Can you clap your hands,  
Can you clap your hands,  
As slowly, as slowly,  
As slow can be?  
Then stop and fold your arms like me,  
Then fold your arms like me.  
(Clap hands slowly, one clap or each two beats)

Can you clap your hands,  
Can you clap your hands,  
As quickly, as quickly,  
As quick can be?  
Then stop and fold your arms like me,  
Then fold your arms like me.  
(Clap hands quickly, one clap for each beat)

### **Swimming**

Swimming, swimming  
(imitate breaststroke)  
In the swimming pool  
(draw a rectangle with both fingers)  
When days are hot, when days are cold  
(hot: wipe head, cold: wrap arms around self)

Breaststroke, sidestroke  
(do actions of swimming)  
Fancy diving too  
(hands together make diving action)  
Oh don't you wish that you can have nothing else to do  
BUT!

*Keep singing but each time eliminate the words of one line and just do the actions. For example once you've sang the song once the next round would start with the actions of swimming twice and then singing "In the swimming pool".*

### **Goin' on a Bear Hunt**

*One person leads, the rest of the group repeats each line after  
(slap hands on thighs like walking)*

Goin' on a bear hunt  
Gonna catch a big one

I'm not afraid (shake head no)  
What's that up ahead (shade eyes with hand, look around)  
A field:

Can't go around it  
Can't go under it,  
Can't go over it,  
Gotta go through it ( rub hands together)

*Start song again but change location (lake, puddle, tree, cave)*

A lake (swimming motion)

A mud puddle (cup hands together, suction sound)

A tree (climbing motion)

A cave (reaching out in the dark)

What's this?  
It has a nose  
Eyes  
Ears  
Fur  
It's a bear!

Run away!  
Out of the cave (you can see)  
A tree (climbing motion)  
A mud puddle (suction hands, move fast)  
A lake (swimming motion)  
A field (rub hands together)

Whew!  
We're home  
I'm not afraid!

### **It's Not Hard**

It's not hard I tell you so  
Just sing along and go like so

Actions:

*1<sup>st</sup> time through:* slap hands on legs

*2<sup>nd</sup> time through:* slap hands on legs then clap

*3<sup>rd</sup> time through:* slap hands on legs, clap, snap fingers

*4<sup>th</sup> time through:* slap hands on legs, cross hands and slap, uncross and slap, clap, snap fingers, slap on legs.  
Repeat all actions without singing