

Moms to Moms

With Public Health Nurse Support



Come talk with other Moms or one on one with a Public Health Nurse about Basic baby care, being a New Parent, Postpartum Depression, Breastfeeding, and Community Supports.



*For Moms with Babies 0-12 Months
Older Siblings Welcome!*

**Feb. 11th, Mar. 11th, Apr. 8th, May 13th, June 10th,
July 8th, Aug. 12th, Sept. 9th, Oct. 14th, Nov. 11th, Dec. 9th
2nd Friday of every month
1:00 -2:30 pm.**

Program held at:

Burk's Falls Best Start Child & Family Centre
M.A. Wittick, Junior Public School
178 Yonge Street, Burk's Falls, ON
For More information: Please call
Nancy Webb, Resource Facilitator
386-2387 ext. 8986

