

# *CHECK IT OUT CLINICS*

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Do you have questions about:

- ◆ Your child's nutritional needs
- ◆ Your child's sleep habits
- ◆ Toilet training
- ◆ Fine and gross motor skills
- ◆ Speech and language
- ◆ Or any other topic related to your child



**WHERE:** Best Start Child and Family Centre at P.S. Mall

**WHEN:** Jan 19, Feb 16, Mar 15, Apr 19, May 17,  
June 21, Sept 20, Oct 18, Nov 15, Dec 20

**TIME:** 10:00-11:30 a.m.

**Special visits by:** Early Childhood Educators  
Speech and Language Pathologists  
Physio and Occupational Therapists  
Public Health Nurses  
Infant and Child Development Specialists  
Integration Support Services



Community Partners collaborating to achieve the Best Start for children  
0-6 years