

Songs and Fingerplays for the *Family*



Acka Backa

Acka backa soda cracker,
Acka backa boo.
Acka backa soda cracker,
Up goes you!

Acka backa soda cracker,
Acka backa boo.
Acka backa soda cracker,
I love you!

Car Song

(sung to "The Farmer in the Dell")

We're riding in the car,
We're riding in the car,
Hi-ho, away we go,
We're riding in the car.

We're riding, oh, so far,
We're riding, oh, so far,
Hi-ho, away we go,
We're riding, oh, so far.

Clap Your Hands

Clap, clap, clap your hands,
As s-l-o-w-l-y as you can.
Clap, clap, clap your hands,
As quickly as you can.
.....shake...
.....roll...
.....rub...

Shake My Sillies Out

Gotta shake, shake, shake my sillies out,
Shake, shake, shake, my sillies out.
Shake, shake, shake, my sillies out,
And wiggle my waggles away.

.....clap, clap, clap my crazies out...
.....jump, jump, jump my jiggles out...
.....yawn, yawn, yawn my sleepies out...

Animal Moves

Walk like an elephant
Hop like a frog
Swim like a fish
Wag like a dog

Fly like a butterfly
Flit like a bee
Gallop like a horse
Wiggle like me!!

Hands on Hips

Hands on hips,
Hands on knees,
Put them behind you,
If you please.

Touch your shoulders,
Touch your nose,
Touch your ears,
And touch your toes.



Ten Little Fingers

I have ten little fingers,
And they all belong to me.
I can make them do things,
Would you like to see?
I can shut them up tight,
Or open them wide.
I can put them together,
Or make them all hide.
I can make them jump high.
I can make them go low.
I can fold them up quietly,
And hold them just so.

The Mittens on My Hands

Tune: Wheels on the Bus

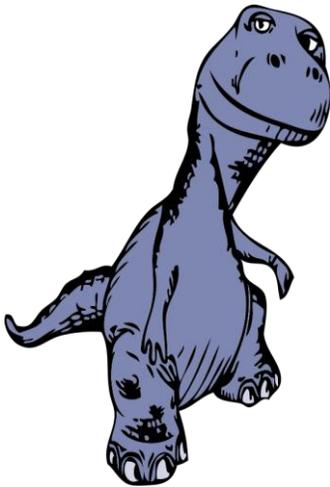
The mittens on my hands
Keep me warm,
Keep me warm,
Keep me warm,
The mittens on my hands
Keep me warm,
All winter long!



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Bend and Stretch

(perform actions indicated by rhyme)
Bend and stretch, reach for the stars
There goes Jupiter, here comes Mars
Bend and stretch and reach for the sky
Stand on tip-e-toe, oh! so high!



Dinosaur, Dinosaur

Dinosaur, dinosaur
Where can you be?
Hiding behind me (hands behind back)
Where you cannot see!
Now you see one (bring one hand out)
It's been waiting for you.
Here comes another (bring out other hand)
And now you see two!

I Love Mommy

(To the Tune of: Frere Jacques)

I love Mommy, I love Mommy,
Yes, I do, yes, I do,
Mommies are for hugging, (Hug yourself)
Mommies are for kissing, (Blow a kiss)
I love you, yes I do! (point to mother)



Monster, Monster

Monster, monster, turn around.
Monster, monster, touch the ground.
Monster, monster, reach up high.
Monster, monster, squint your eyes.
Monster, monster, show your teeth.
Monster, monster, stamp your feet.

My Hands

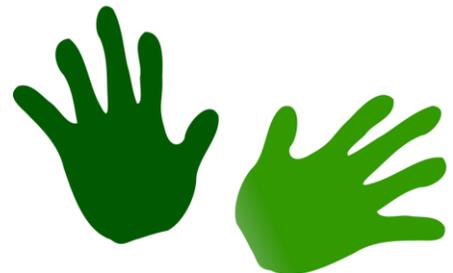
(follow the action in the rhyme)
My hands upon my head I place
On my shoulders, on my face
On my hips I place them so
Now I raise them up so high
Make my fingers fairly fly
Now I clap them, one, two, three
Then I fold them silently

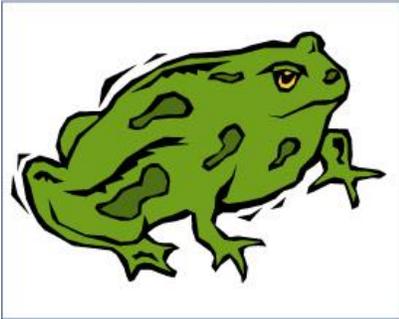
Where is Baby?

Where is (Child's Name), where is (Child's Name) ?
There she is, there she is
I am glad to see you, I am glad to see you
Peekaboo! I see you!
(cover and uncover eyes)

Right Hand, Left Hand

((follow the action in the rhyme)
This is my right hand
I'll raise it up high
This is my left hand
I'll touch the sky
Right hand, left hand,
Roll them around
Left hand, right hand,
Pound, Pound, Pound.





Mr. Bullfrog

Here's Mr. Bullfrog
(make a fist)

Sitting on a rock
(put fist on palm)

Into the water he jumps
(raise arm high)

KERPLOP!
(clap loudly)

Jack in the Box

Down in a box (squat to ground' talk softly and slowly)
There lives a little man.
He waits and he waits,
As quiet as he can
Until I open the lid-POP!

I had a little red balloon

Pretend to hold a balloon in between your two hands.

And I blew, and I blew, and I blew.

Pretend to blow up the balloon.

And it grew, and it grew, and it grew.

Spread your two hands further and further apart.

I tossed it up in the air,

Pretend to toss the balloon up with your two hands.

And didn't let it drop.

I bounced it on the ground,

Pretend to bounce the balloon on the ground with your two hands.



This is the way I move!
(Tune: Mulberry Bush)

This is the way I touch my nose, touch my nose, touch my nose,
This is the way I touch my nose, when I'm at Preschool!

This is the way I jump up and down...
This is the way I balance on one foot...
This is the way I spin in a circle...
This is the way I hop like this...
This is the way I touch my toes...
This is the way I stretch up high...
This is the way I sit on my spot...



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This is Big

This is big, big, big
This is small, small, small
This is short, short, short
This is tall, tall, tall
This is yes, yes, yes
This is no, no, no
This is fast, fast, fast
This is slow, slow, slow

FIVE LITTLE FISH

Five little fishes
Swimming in the sea
Teasing Mr. Shark
You can't catch me...
You can't catch me
Along came Mr. Shark
As quiet as can be...
SNAP!
Four little fishes
Swimming in the sea...



Five Little Bunnies Hopping Down the Trail

5 little bunnies hopping down the trail,

One fell down and bumped her tail.

Mama called the doctor—what did she say?

No more bunnies hopping today!

Repeat till there are no bunnies left.

