



# EarlyON Child and Family Centre

## INVITATIONS TO PLAY

### What is an invitation to play?

It's simply a purposeful setup of materials that invites the child over to play and explore in an open-ended, child-led way. The materials set out can be anything found around the house, and the goal is to select and arrange the materials in a way that's both interesting and engaging.

In many cases, the person setting out the play invitations will have an idea of how the child might use the materials, but they may be used in a way that's completely unexpected — which is not only OK, but encouraged (as long as it's safe, of course).

Here are a few examples that might be seen at EarlyON or you might want to try out at home.

### Water Pouring Invitation:



**What you'll need:** A shallow bin, various bottles and containers, water and food colouring if desired.

**What you might see:** Your toddler may dump all of the water out into the bin; they may attempt to pour the water from one container into another; or they may simply play with their hands and splash in the water.

### Valentine Play dough Invitation



**What you'll need-** A tray, play dough, an assortment of Valentine materials and some play dough tools / cutters.

**What you might see:** your child might roll the play dough, squish it between their fingers. They may use the materials to make something beyond your own imagination.

### Winter Ice & Shaving Cream Invitation:

**What you'll need:**

**Shaving cream**

Assorted ice cube trays

Food colouring & glitter

( freeze blue & purple glitter ice)

Sensory bin



**What you might see:** Your child might dive right in feeling the shaving cream, touching the cold ice, stacking and swirling. Adding some spoons and cups may help the child with texture issues. When the ice melts the colours start swirling in the shaving cream this will extend play and spark your child's imagination.

Facebook QR



If you want your children to improve, let them overhear the nice things you say about them to others.

~ Haim Sinott

Jan—Feb. 2020

EarlyON Child and Family Centre

### Special points of interest:

- ☺ Invitations to play
- ☺ Facebook QR code
- ☺ Music and Movement
- ☺ How to reach us

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# Music and Movement

Support young children's healthy development by engaging together in joyful and fun activities related to music and movement. Young children enjoy moving around when they hear music. Children take pleasure in physical activities that contribute to their healthy development. Encourage young children to jump, tiptoe, march, throw and kick balls, pedal and many other types of movement. Movement skills that are learned in the early childhood years build the foundation for almost all physical activities later in life. To help children become active, moving to music can play a big part in children's everyday activities. Don't worry if you think you can't sing well, children are nonjudgmental, it's the importance of the music experiences that counts.

Here are some active songs and games that you may remember from your childhood:

Hokey Pokey, Pop Goes the Weasel, If You're Happy and You Know It Clap Your Hands..., Ring Around the Rosie, Mulberry Bush, Duck Duck Goose, Ten Little Frogs, Six Little Ducks and Musical Chairs.

Another great way to promote your children's participation in music and movement is using simple instruments in a Marching Band. Be creative and make or find some instruments with your children: wooden spoons can be rhythm sticks, metal pan lids can be cymbals, a coffee can with a wooden spoon can be a drum, a paper tub can be horn, plastic spoons with dried beans taped together makes a shaker and several jar rings tied on a ribbon will jingle like bells. Then make some room to march; up and down the hall, around the room, singing and playing.



## Program Updates:

Parry Sound Community Hub—offers a light meal each Thursday from 5:00-7:00 pm. Also a Saturday program runs at this location only from 9:00-12:00

South River offers a light meal each Thursday from 4:30-7:00pm.

Burk's Falls offers a light meal each Tuesday from 3:00-5:30.

## Program Information

Our EarlyON team:

Lana Whetham— Supervisor

April Gagnon— Program Lead

Connie McCaig— Literacy Facilitator— East/West

Lori Girard— Resource – Sound Community Hub & Foley & Orrville

Samantha Hanna-Rosseau & Nobel

For more information about many of our programs and services please visit our website at:

[www.foreverychild.ca](http://www.foreverychild.ca) Annette Lyons— Sound Community Hub & Humphrey site

Follow us on Facebook Jean MacGregor- Sound Community Hub

or call 705-746-9522 Donna Brimbacombe— South River & Trout Creek

ext 4350 Jennifer Griffiths— Emsdale, Powassan and Port Loring

Jasmine Schell— Sundridge, Callander and Magnetawan

Carolann Moore— Burk's Falls

### Word of the Month

Jan.- Rejuvenated

Feb.- Frigid

### Topic of the Month

Jan- Guiding your child's behavior.

Feb- Physical literacy and your child.

# Inclusion Support Services

## Ages and Stages Developmental Questionnaire

**What:** This questionnaire is designed to help parents and Early Childhood Educators monitor the development of their children. The checklist looks at communication, gross motor, fine motor, problem solving, personal and social development. It gives a general overview as well as a good indicator of where your child is, at that specific time.

**Who:** Questionnaires start as young as 2 months of age and gradually progress to 60 months of age. Because your child will develop rapidly during the first five years of life, a follow up screening can be arranged at any time.

**When:** Our Resource Teacher will meet with you and your child at a time and place that is convenient for you. The checklist will take about one hour or so, depending on the child. This screening can be done at any time and is recommended for all children.

If you have any questions, or would like to book an appointment please talk to your EarlyON Facilitator.

## Great Beginnings Parent/Child Program

Great Beginnings is a group of parents and their children who get together to learn and play. Learn about: family health, nutrition, community services and other topics. Pregnant women of any age or mothers with infants up to 6 months of age are eligible to attend the **Prenatal Program**. Parents with children 6 months and up are eligible to attend the **Growing Up Program**. Programs are hosted by an experienced Facilitator.

Great Beginnings East Parry Sound: please call 705-384-5225 x 2211 to register with Lori  
Great Beginnings West Parry Sound: please call 705-746-4293 x 4231 to register with Krista

## Slow Cooker Taco Soup Recipe

### Ingredients:

1 large onion, chopped  
1 pd. Ground beef (browned & drain of fat)  
1 can chili beans  
1 can kidney beans  
1 can corn  
2 cans diced tomatoes  
1 8oz. Can tomato sauce  
2 cups water  
1 package taco seasoning mix

### SOUP TOPPINGS

corn chips, sour cream and shredded cheese

### How to Make It

Add to your SLOW COOKER the above 9 ingredients.

Set the slow cooker on LOW for 8 hours or on HIGH for 6 hours

When you serve your soup top with your choice of or all the toppings suggested above.

